



English for Nursing

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Essential Nursing Vocabulary

- - Vital signs: temperature, pulse, respiration, blood pressure
- - Intravenous (IV): delivering fluids directly into a vein
- - Symptoms vs. Signs: patient-reported vs. observed
- - Triage: determining priority of patients' treatments
- - Charting: recording medical information
- - PPE: Personal Protective Equipment
- - Discharge: releasing a patient from care

Short Text: Wound Care

- Proper wound care prevents infection and promotes healing. Nurses clean wounds using sterile techniques, apply dressings, and monitor for signs of infection such as redness, swelling, or pus. Documentation and patient education are essential parts of wound care.
- Source: Perry, A. G., Potter, P. A., & Ostendorf, W. R. (2020). Clinical nursing skills and techniques. Elsevier.

Dialogue: Patient Admission Interview

- Nurse: Good morning. I'm Sarah, your nurse. Can I confirm your full name and date of birth?
- Patient: Sure, I'm John Smith. January 5, 1980.
- Nurse: Thank you. What brings you to the hospital today?
- Patient: I've had chest pain since last night.
- Nurse: On a scale from 1 to 10, how bad is the pain?
- Patient: Around 7.
- Nurse: We'll take care of you. Let me check your vital signs first.

- Adapted from real-life clinical interactions.

Common Abbreviations in Nursing

- - BP: Blood Pressure
- - HR: Heart Rate
- - NPO: Nothing by Mouth (nil per os)
- - PRN: As Needed (pro re nata)
- - BID: Twice a Day (bis in die)
- - IV: Intravenous
- - SOB: Shortness of Breath

Short Text: Infection Control

- Infection control includes practices like hand hygiene, use of PPE, and proper waste disposal. Nurses play a vital role in preventing hospital-acquired infections by following protocols and educating patients.
- Source: WHO. (2021). Guidelines on core components of infection prevention and control programmes.