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Abstract

The influence of an accelerated hygrothermal ageing simulation test on a commercial PLA and its three subsequent mechanically-reprocessed materials was studied. The analysis was focused on the water diffusion kinetics and the physico-chemical changes induced by the hygrothermal degradation. Water diffusion proceeded faster than chain relaxation processes, as defined by a Case II absorption model. It was proved that the water diffusion rate decreased with subsequent reprocessing cycles and increased with higher hygrothermal ageing temperatures. Hydrolytic chain scission provoked significant molar mass decays and consequent general losses of thermal and mechanical performance. The rearrangement into crystalline fractions of shorter chains provoked by hygrothermal ageing was qualitatively and quantitatively followed by both Fourier-Transform Infrared Spectroscopy and Differential Scanning Calorimetry. The microstructural changes were monitored by the cold-crystallization temperature, the crystallinity degree $X_C$ and the absorbance intensity ratio $I_{921}/I_{955}$. A Weibull model showed that the crystallites were formed faster at higher reprocessing cycles and at lower hygrothermal ageing temperatures. All these effects were particularly significant for PLA reprocessed more than one time.

Keywords

Polylactide (PLA)
Hygrothermal ageing
Water absorption kinetics
Crystallinity
Differential Scanning Calorimetry (DSC)
Fourier-Transform Infrared Analysis (FT-IR)
1. Introduction

The current research focused on bio-based materials due to their features of coming from renewable resources and being biodegradable after their service lives has brought new possibilities for potential application fields, such as the packaging and the agricultural sectors. In this sense, poly (lactic acid) or polylactide (PLA) is an outstanding candidate to replace commodity polymers, due to its good processability, mechanical properties, thermal stability and low environmental impact [1-2]. However, its introduction into the market would therefore represent an upcoming new main source of polymeric waste, which should be handled as a new commodity. To explore the potential of enlarging its service life during further uses, by recovering it thus obtaining an added value from its discard remains a challenge. Among all recovery methods [3], material valorisation by mechanical recycling is widely established for commodities [4-12]. Recent studies have been focused on the study of the effects of reprocessing on PLA performance [13-19].

The reported studies of hygrothermal ageing on PLA generally describe their behaviours under human-body simulated conditions [20-23], due to its early use in bio-absorbable sutures or as controlled-release drug-carrier. The impact of hygrothermal ageing on PLA will depend on the relative kinetics of water diffusion and chain-segments mobility [24]. The main effects of water in the polymer morphology are physical modifications, such as plasticization, and chemical reactions, such as hydrolysis [25]. The extent of the influence of these effects on PLA performance may depend upon different factors of both the ageing conditions, such as temperature, as well as PLA features, such as molar mass, chemical structure or crystallinity. Thus, in order to warranty the durability on PLA goods, and for extension, of its recyclates, the previous knowledge about the influence of the degrading agents on their macromolecular properties is necessary. In this sense, hygrothermal ageing at high relative humidity and temperatures stands out as an accelerated procedure to simulate the behaviour of polymers [26]. Therefore, the purpose of this work was three-fold: firstly, to evaluate the influence of temperatures above the glass transition on the kinetics of water absorption of PLA materials; secondly, to monitor the physico-chemical changes undergone in the materials during hygrothermal ageing; and finally, to assess the influence of the synergetic thermo-mechanical and hygrothermal degradations on hydro-saturated materials in terms of molar mass, mechanical and thermal performance.
2. Experimental procedure


Polylactide (PLA) 2002D, a thermo-forming grade PLA, was obtained from Natureworks LLC (Blair, NE) as pellets, provided by AIMPLAS (Paterna, Spain). Prior to processing, virgin PLA (VPLA) pellets were dried during 2 h at 80 ºC in a dehumidifier Conair Micro-D FCO 1500/3 (UK), in order to remove surface humidity. Afterwards, the samples were processed by means of injection moulding with an Arburg 420 C 1000-350 (Germany) injector, single-screw model (diameter Φ=35 mm, length/Φ=23). Temperature gradient set from hopper to nozzle was 160, 170, 190, 200 and 190ºC. Moulds were set at 15 ºC. Cooling time residence was 40 s and total residence time 60s. Samples were dried before each processing cycle. After injection, a fraction of the samples was kept as test specimens and the rest was ground by means of a cutting mill Retsch SM2000 (UK), which provided pellets of size d< 20 mm to be fed back into the process. Up to three processing cycles were applied under the same conditions to obtain the different testing specimens of reprocessed PLA (RPLA-i, with i: 1-3). 1 mm thick prismatic probes for hygrothermal ageing tests were obtained from compression moulding, as described elsewhere [27].

2.2. Hygrothermal ageing conditions

A normalised water absorption test reported in the ISO 62 - method 1 [28] was adopted as hygrothermal ageing environment, modifying the temperature specifications to the desired ageing conditions. Initially, the specimens were dried at 50 ºC in a vacuum oven during 24 h, and then kept in a desiccator at normalized lab conditions according to ISO 291[29]. Samples of VPLA and RPLA-i were submerged into distilled water at three different temperatures - 65, 70 and 75 ºC - above the glass transition and below the cold-crystallization of VPLA and RPLA-i [17]. After certain periods of time, the specimens were removed from water, gently wiped to get rid of surface moieties, then weighed and finally submerged back into water. The average content of absorbed water was calculated by quintuplicate by weigh difference, as reported in the ISO 62.

2.3. Analytical monitoring of hygrothermal ageing

2.3.1. Fourier-Transform Infrared Analysis – Attenuated Total Reflection (FT-IR)

FT-IR spectra were collected by a Thermo Nicolet 5700 FT-IR Spectrometer (MA, USA), previously calibrated, and equipped with a single-reflection Smart Orbit accessory for attenuated total reflection (ATR) measurements, with diamond crystal. 32 co-added spectra
were recorded for each specimen at a resolution of 4 cm\(^{-1}\) with a spacing of 1 cm\(^{-1}\), from 4000 to 600 cm\(^{-1}\) of wavenumber. The spectra were characterized with the aid of the software OMNIC 7.0 from Thermo Scientific. Presented spectra correspond to the average of each individual analysis, with baseline correction. At least 8 measurements in different positions of the material were performed, to assure representative results.

2.3.2. Differential Scanning Calorimetry (DSC)

DSC analyses were carried out by a Mettler Toledo DSC 822 instrument (Columbus, OH) calibrated with indium and zinc standards. Approximately 5 mg of pellets were placed in 40 μL aluminium pans, which were sealed and pierced to allow the N\(_2\) gas flow (50 ml·min\(^{-1}\)). A 10 \(^\circ\)C·min\(^{-1}\) heating rate was employed in the temperature range between 0 \(^\circ\)C and 200 \(^\circ\)C. DSC analysis was performed with the aid of the software STAR\(^{E}\) 9.10 from Mettler-Toledo. The samples were characterized at least by triplicate and the averages of temperatures and enthalpies were taken as representative values.

2.4. Determination of performance of saturated samples

2.4.1. Molar mass determination

The molar mass of saturated samples was assessed by capillary viscometry. The reduced \(\eta_{\text{red}}\) and inherent \(\eta_{\text{inh}}\) viscosities were recorded by quintuplicate by means of a Cannon-Fleske capillary viscometer type at 30 \(^\circ\)C, with the use of 99.9 % analytical grade tetrahydrofuran (THF) supplied by Sigma-Aldrich as solvent, being \(\eta_p = \eta_{\text{rel}}+1\) and \(\eta_{\text{rel}}=t/t_0\), where \(t\) and \(t_0\) were the times (s) of flowing of the dissolution and solvent, respectively, and \(c = 0.4\) g·dL\(^{-1}\) the concentration of the dissolution. The intrinsic viscosity \([\eta]\), usually measured by the use of the intersection of Huggins (Eq 1) and Kraemer (Eq 2) linear expressions, was performed according to a single-point measurement, since \(k_1\)\(-k_2\) approached 0.5, and thus [30]Eq 3 could be directly used.

\[
\frac{\eta_p}{c} = [\eta] + k_1[\eta]^2c
\]

(1)

\[
\frac{\ln(\eta_{\text{rel}})}{c} = [\eta] + k_2[\eta]^2c
\]

(2)

\[
[\eta] = \frac{(2(\eta_p - \ln(\eta_{\text{rel}})))^{1/2}}{c}
\]

(3)
The viscosity molar mass values $M_V$ was then calculated with the well-known Mark-Houwink equation $[\eta] = K \cdot M_V^\alpha$, with constants $K = 1.74 \cdot 10^{-4}$ dL·g$^{-1}$ and $\alpha = 0.763$ [31].

### 2.4.2. Mechanical properties

Dynamic Mechanical Thermal Analyses were conducted in dual cantilever clamping with 10 mm of effective length between clamps, with the three point bending mode, by means of a Rheometric Scientifics Dynamic-Mechanical-Thermal Analyser Mark IV (USA). The displacement was checked before all the experiments. The deformation force was set at 0.01 N. Experiments at 1 Hz were carried out on heating from 35 ºC to 145 ºC with isothermal steps of 2ºC. Analyses were performed at least three times per sample to ensure reproducibility.

### 2.4.3. Thermal stability

Thermogravimetric experiments were carried out by means of a Mettler-Toledo TGA/SDTA 851 (Columbus, OH). Samples weighing ~5 mg were placed in an alumina holder with capacity for 70 μL and heated from 25 to 750 ºC at a heating rate of 10ºC·min$^{-1}$, under constant flow of 50 mL·min$^{-1}$ of Argon. Experiments were repeated at least three times, and the averages were considered as representative values.

### 3. Results and discussion

#### 3.1. Phenomenological assessment of hygrothermal ageing

Fig 1 shows the percentage of water absorption $M_t$ for virgin and reprocessed PLAs at the three hygrothermal aging temperatures $T_{HA}$ chosen for the study. Similar profiles were described by all samples, showing a one-step mass-uptake with characteristic rapid water absorption followed by an asymptotic saturation, where no more water was absorbed by the polymer matrices. The values of the saturation masses $M_S$, along with their relative variations for given $T_{HA}$ and reprocessing steps are gathered at Table 1.

Due to the effect of reprocessing and the hygrothermal ageing temperature, the saturation point $M_S$ was reached by all RPLA-i at earlier times and lower values of water absorption than those given by VPLA.

At a given hygrothermal ageing temperatures $T_{HA}$, the saturation point $M_S$ generally showed relative decreases of ~12-16% from VPLA to RPLA-1, ~4-13% from RPLA-1 to RPLA-2, and ~2.6-6 % from RPLA-2 to RPLA-3, being this effect reproducible at any $T_{HA}$. After the
maximum number of reprocessing steps, the water uptake was reduced by \( >24.6 \% \), regardless the temperature.

At a given processing step, the saturation point \( M_S \) was considerably reduced by increasing the hygrothermal ageing temperature. For instance in the case of RPLA-1, there was a relative \( \sim 21 \% \) reduction in \( M_S \) from 65°C to 70°C, being the value decreased by a \( \sim 37 \% \) from 70 °C to 75 °C. Similar relative decreases in \( M_S \) were found for VPLA and the successive recyclates. Between 65 and 75 °C, the \( M_S \) was reduced by \( >50 \% \) for all materials.

**Figure 1- Table 1**

The properties of the different reprocessed PLA at the different hygrothermal ageing temperatures were affected, as shown by the changes in molar mass, thermal stability and mechanical performance:

(i) The viscosity molar mass \( M_V \) was calculated with the aim of assessing the degradation extent on the polymer structures. **Fig 2** shows reductions of the viscous molar mass \( M_V \) of the RPLA-i samples, respect to VPLA, which can be interpreted as a consequence of chain scission due to both reprocessing and hygrothermal aging. At higher hygrothermal ageing temperatures, the reduction on the viscous molar mass \( M_V \) was more acute and the effect of previous reprocessing erased.

(ii) The mechanical performance was evaluated by Dynamical-Mechanical Thermal analyses (DMTA) in bending mode, taking into account the mechanical stress \( \Delta E' \), i.e. the jump of storage modulus between the glassy and the rubbery state, as described elsewhere [17]. **Fig 3** shows that the higher the hygrothermal ageing temperature was applied, the lower the \( \Delta E' \) were obtained, in addition to the previous degradation stage due to reprocessing [17].

(iii) Finally, the thermal performance was characterized by means of Thermogravimetric analyses (TGA). A one-stage decomposition profile was described by all samples, as shown elsewhere [18]. The peak degradation temperature \( T_P \) of the first-derivative thermogravimetric curve was considered for the analysis. Despite reprocessing did not affect the \( T_P \) in a great extend, a general reduction was found (**Fig 4**) for all materials along the increase of hygrothermal ageing temperature, due to the synergetic hydrolytic and thermal degradation.

**Fig 2,3,4**

3.2. Water uptake kinetics
In order to further study the effect of reprocessing and the influence of the hygrothermal ageing temperature on the kinetics of water uptake, Eq 4 was applied, where \( \frac{M_t}{M_s} \) stands for the fractional mass uptake and \( k \) and \( n \) are constants [32]. Shortly, this expression accounts for the theoretical description of the shape of the sorption curve, and classifies the kinetics into three different categories, according to the value of the power \( n \) [24] and was proposed by Alfrey et al as a means for classifying the different types of diffusion kinetics. Generally, three classes can be distinguished, which can be associated to the relative rates of penetrant diffusion and polymer relaxation: (i) if \( n = \frac{1}{2} \), the Case I or Fickian model is followed, where the rate of penetrant diffusion is slower than that of the polymer relaxation; (ii) on the contrary, if \( n = 1 \), the Case II absorption model explains that the diffusion is very rapid if compared to relaxation; (iii) if \( n \) is between \( \frac{1}{2} \) and 1, there is not limiting factor and the behaviour is termed as ‘anomalous’.

\[
\frac{M_t}{M_s} = k \cdot t^n
\]  

(4)

Fig 5 shows the reduced plot of water uptake for virgin and reprocessed PLAs for \( T_{HA} = 65^\circ C \). Analogous plots were observed for the rest of the experiments performed at 70 and 75 \( ^\circ C \). A region of slower water absorption is visible in the curves of VPLA and RPLA-1, ranging between the initial Fickian region and saturation [32]. The analysis of the double logarithmic plot (Eq 5) at short times was useful for the description of kinetics. The results of the linear fittings for all materials at different \( T_{HA} \) are summarized in Table 2.

\[
\log \left( \frac{M_t}{M_s} \right) = \log k + n \cdot \log(t)
\]  

(5)

Most of the cases exhibit \( n \) values near 1, which coincides with the Case II absorption model [24] suggesting that the initial diffusion was very rapid if compared to relaxation phenomena. It should be pointed out that nor the number of reprocessing cycles neither the hygrothermal ageing temperature modified the behaviour, which indicated that above the glass transition of the materials, the chain relaxation processes eased the diffusion of water into the matrices.

**Figure 5-Table 2**

Once classified the type of diffusion followed by VPLA and its successive recyclates, the influence of reprocessing on the diffusion rates at each hygrothermal ageing temperature \( T_{HA} \) was aimed. Considering a mass uptake into a plane sheet and unidirectional flow and constant diffusion coefficient, a numerical solution to the general expression of Fick’s law is obtained in Eq 6 [32-33].
\[ \frac{M_t}{M_0} = 8 \cdot \left(\frac{D \cdot t}{L^2}\right)^{\frac{1}{2}} \cdot \left[ \pi^{-\frac{1}{2}} + \sum_{m=0}^{\infty} (-1)^m \cdot ierf \left( \frac{m \cdot L}{4 \cdot (D \cdot t)^{\frac{1}{2}}} \right) \right] \] (6)

where \( L \) is the thickness of the sample, which is twice the length of the pathway of diffusion, \( m \) is an integer counter and \( ierf \) is the integral of the error function. The expression can be simplified if the analysis is focused on the data at short times, where the diffusion is more relevant. Thus, Eq 7 is deduced:

\[ \frac{M_t}{M_0} \approx \frac{8}{\pi^{\frac{1}{2}}} \left(\frac{D \cdot t}{L^2}\right)^{\frac{1}{2}} \] (7)

The diffusion coefficient was obtained from the slope of the linear fitting of \( M_t/M_0 \) vs \( t^{1/2} \cdot L^{-1} \) and it is shown in Fig 5. The higher the reprocessing steps were applied, the lower \( D \) ruled the water uptake into the polymeric matrices (Fig 6). Conversely, the higher \( T_{HA} \) the hygrothermal ageing was carried out at, the higher \( D \) were obtained, thus the faster the water saturated the polymer matrices.

Finally, the activation energy \( E_a \) related to an Arrhenius-like dependence of the diffusion rate with the temperature was obtained from the slope of the linear fitting of \( \ln D \) vs \( T^{-1} \). The values (kJ·mol\(^{-1}\)) were 74±5, 89±7, 93±6 and 97±4, for VPLA, RPLA-1, RPLA-2 and RPLA-3, respectively. This increasing tendency was in agreement with the reduction of \( D \) values, since higher \( E_a \) would imply more difficulty to diffuse water along the matrix in reprocessed samples, thus in correlation with lower velocities.

Although one might consider that the release of lactic acid might play a role in the diffusion of water and subsequent hydrolytic behaviour of PLA, Tsuji et al [34] showed that the hydrolytic behaviour was similar in a wide pH range, from neutral to very acid conditions (pH=2).

**Figure 6**

The presence of water into the polymer matrices may influence the microstructure affecting to the final properties of the material, both by plasticization of the amorphous fraction and/or by hydrolytic chain scission reactions that may promote a faster formation of crystalline domains. These changes may thus influence the diffusion behaviour of PLA. Consequently, the variations in the microstructure were analytically monitored by FT-IR and DSC.
3.3. Monitoring of microstructure evolution by FT-IR and DSC

The formation of crystalline domains during the water absorption process was initially monitored by FT-IR, due to its non-destructive character and its versatility to obtain reliable and fast results. The observation of the relative variation of the peaks located at wavenumbers 921 cm\(^{-1}\) and 955 cm\(^{-1}\) corresponding to the coupling of the C-C backbone stretching with the C-H\(_3\) rocking modes, which are related to the presence of \(\alpha\)-crystalline and amorphous regions [35], respectively, is shown in Fig 7 for the case of virgin PLA tested at 70 °C. Similar plots were shown by the subsequent reprocessed PLAs at all tested temperatures. The band located at 921 cm\(^{-1}\) increased along with the decrease of the band centred at 955 cm\(^{-1}\) suggesting and advance on the formation of \(\alpha\)-crystals.

\[
\frac{I_{921}}{I_{955}}(\tau_{HA}) = \frac{I_{921}}{I_{955}}(0) - \left(\frac{I_{921}}{I_{955}}(0) - \frac{I_{921}}{I_{955}}(0)\right) \cdot e^{-(e^{-\tau_{HA}})^p}
\]

(9)

In order to compare quantitatively the evolution of the crystalline domains for the different tested materials and temperatures, the relative intensity indexes \(I_{921}/I_{955}\) were represented along the reduced time \(\tau_{HA}\), being \(\tau_{HA}(\%) = t \cdot t_e^{-1} \cdot 100\), where \(t\) is the time counter and \(t_e\) is the time at the end of the experiment, in order to obtain comparable curves. Fig 8 shows the evolution of \(I_{921}/I_{955}\) for virgin PLA and its subsequent recyclates for all the hygrothermal ageing temperatures \(T_{HA}\). A Weibull-like [36] fashion could describe (Eq 9) the evolution of \(I_{921}/I_{955}\) along the experiment. Fitting FT-IR procedures were performed by a Levenberg-Marquardt algorithm [37-38] to adjust the parameter of the fitting values in the iterative procedure, which results are gathered in Table 3. Generally, a reduction of the power \(p\) and an increase of the constant \(c\) are indicative of acceleration in the crystallization process at earlier times. Actually, it was shown that due to effect of reprocessing, the formation of crystalline domains was favoured. This effect was expected, since the presence of shorter chains due to the thermo-mechanical degradation suffered during reprocessing might ease the rearrangement into lamellar structures. Concerning the effect of temperature, it was shown that raising the \(T_{HA}\) did not accelerate the formation of crystalline domains, but on the contrary, it was decelerated.
The morphological changes promoted by ageing were further studied by Differential Scanning Calorimetry DSC. Fig 9 shows the first calorimetric heating scan of virgin and reprocessed PLAs at all tested hygrothermal ageing temperatures $T_{HA}$ and reduced times $\tau_{HA}$. It should be noticed that the presence or disappearance of transitions occurred gradually in a different manner for each polymer, highlighting the effect of the previous thermo-mechanical degradation induced by recycling. For example, in the case of 70 ºC, the profile shown by the DSC trace of VPLA at $\tau_{HA}=50 \%$, was similar to that of RPLA1 at $\tau_{HA}=16 \%$, and those of RPLA2 and RPLA3 at $\tau_{HA}=8 \%$. Analogous profile evolutions were shown at all $T_{HA}$. Such results suggested that the morphological changes of PLA could be ascribed to superimposed effects considering different combinations of processing history, i.e. thermo-mechanical degradation, and temperature of hygrothermal ageing.

In order to monitor the effect of both reprocessing and $T_{HA}$, the analysis was focused on three different regions, corresponding to the characteristic transitions of PLA, namely, a glass transition from 30 to 80 ºC, an exothermal cold-crystallization from 80 ºC to nearly 140 ºC, and an endothermic melting from 140 ºC to almost 160ºC. Note that both cold-crystallization and melting merge in many cases and thus the separation given in temperature ranges is valid for guidance. The DSC traces were characterized by means of the peak temperature of the endothermic relaxation superimposed to the glass transition $T_{G-P}$, cold-crystallization $T_{CC}$ and melting $T_m$, $T_{ms}$ temperatures, gathered in Table 4, and the crystallinity degree (Eq 10), which evolution is given in Fig 10, being:

$$X_C = \frac{\Delta h_m - |\Delta h_{CC}|}{\Delta h_{m}^{0}} \times 100$$  \hspace{1cm} (10),

where $\Delta h_m$ is the endothermal melting enthalpy, $\Delta h_{CC}$ the cold-crystallization enthalpy and $\Delta h_{m}^{0}$ the melting enthalpy of a 100 % crystalline PLA, assumed as 93.1 J·g$^{-1}$ [39].

Figs 9-10, Table 4

Particularly, the analysis performed at each region provided remarkable results:

(i) Concerning the study on the glass transition region, the $T_{G-P}$ showed a decrease of 4 to 6 ºC along with a diminution of the associated enthalpy as longer hygrothermal ageing times $\tau_{HA}$ were reached, which was indicative of the plasticizing effect of water.
(ii) With regards to the cold-crystallization, the $T_{CC}$ was generally displaced to lower temperatures, indicating the presence of shorter chains as longer times $\tau_{HA}$ of hygrothermal ageing were reached. The intervals of temperatures decreased by $T_{CC}$ were more significant for the reprocessed PLAs than those given by the virgin material. After a certain time, the cold-crystallization was not visible anymore, probably due to the threshold of potential crystallinity of each sample had been reached, that is, because all the regions available for crystallisation were already crystallised during ageing and degraded chains were too short to rearrange. The presence of shorter chains after reprocessing and at longer hygrothermal ageing may inhibit the formation of crystalline structures, as supported below.

(iii) The melting curve behaved in accordance to the cold-crystallization, since the peak temperature $T_m$ slightly moved between 1 and 3 °C towards higher values. Conversely to what described by the evolution of $T_{CC}$, the intervals of temperatures increased by $T_m$ were less significant for the reprocessed PLAs than those given by the virgin material. In addition, the appearance [40] of a small melting peak $T_{ms}$ around 140 °C was observed at high $\tau_{HA}$, which was likewise displaced to higher temperatures as the exposure to the hygrothermal ageing was higher. This effect is also indicative of reduction of chain length due to degradation.

(iv) The increase of crystallinity degree was indicative of the formation of crystalline domains and thus of previous chain scissions processes occurred during not only the thermo-mechanical degradation due to reprocessing [17], but also during the hygrothermal ageing at which the samples were subjected in this study. The profiles shown in Fig 10 present a similar shape than that shown by the relative intensity indexes $I_{921}/I_{955}$ given in Fig 8, and thus were fitted to a Weibull model, analogue to Eq 9, and given in Eq 11. The results of the fitting are gathered in Table 5. The results are in accordance to those described during the FT-IR analysis, since a general increase of the $c$ and a reduction of the power $p$ were found for increasing reprocessing cycles and for decreasing hygrothermal ageing temperatures. Accordingly, the formation of crystals was experienced faster at 65 °C than at 70 or 75 °C, and faster in the fashion RPLA-3>RPLA-2>RPLA-1>VPLA at all $T_{HA}$. This effect could be ascribed to the competitive effect between the rearrangement of polymer chains into crystals on the one hand, and the water diffusion process on the other hand. As indicated by the significant increase of the diffusion coefficients with $T_{HA}$, the matrices were saturated quicker at higher $T_{HA}$ and thus the formation of crystalline domains may be somehow modified by the effect of a more severe chain scission at higher temperatures. The presence of scissored chains might reduce the capability of water absorption of the materials, as well as the formation of permanent crystalline fractions at the
saturated samples. In fact, as can be seen in Fig 10, the maximum of $X_C$ reached at 65 °C (~35%) was higher than that found at 70°C (~30%) or 75 °C (~27%).

$$X_C(\tau_{HA}) = X_C(1) - (X_C(1) - X_C(0)) \cdot e^{-(c+p)\tau_{HA}} \quad (11)$$

Table 5

Summing up, the study of the hygrothermal degradation in terms of chain scission must take into account two contributions: on the one hand, those provoked by reprocessing (before hygrothermal ageing) and on the other hand, those activated by temperature (during hygrothermal ageing). Concretely:

(i) At a given temperature, reprocessing induced chain scission processes ($TCC$↓), reducing the capability of water absorption of RPLA-i ($MS$↓, Fig 1- Table 1). The reorganization of cleaved chains into crystalline domains was found to be faster for higher reprocessed materials ($c$↑, $p$↓, Fig 10). Accordingly, the diffusion rate of water throughout the polymeric matrices was decreased ($D$↓, Fig 6) to similar values for RPLA-i regardless the temperature, in connection with the almost equal values of $X_C$ at saturation.

(ii) For a certain reprocessed material, the increase of the temperature of hygrothermal ageing $T_{HA}$ promoted the thermal activation of the diffusion process ($D$↑, Fig 6). This in turn, provoked further chain scission (apparition of $TCC$ at higher $\tau_{HA}$ for the same material, Fig 9-Table 4), which stressed the diminution of water absorption capability ($MS$↓, Fig 1-Table 1) and decelerated the formation of permanent crystalline fractions ($c$↓, $p$↑, Fig 10), being the crystallinity degree at saturation $X_C$ thus reduced

4. Conclusions

The application of normalized water absorption experiments was useful to simulate and monitor the degradation induced by accelerated hygrothermal ageing on virgin and reprocessed PLA at temperatures above the glass transition. The degradation was confirmed in terms of molar mass decrease, due to the chain scission reactions promoted by temperature, provoking a general loss in thermal and mechanical performance.

The kinetics of water uptake followed by all materials was described by a Case II absorption model, which stated that the diffusion of water was faster than the rate of polymer chain relaxation. Reprocessing provoked a decrease of the water diffusion rate, which was contrarily increased with the temperature of the hygrothermal ageing.
The presence of water into the polymer matrices displaced the glass transition towards lower temperatures due to plasticization of the polymer matrices. As well, hydrolytic chain scissions occurred, being more remarkable for reprocessed PLA and higher temperatures. Consequently, a decrease in the saturation point was found for increasing reprocessing cycles and increasing hygrothermal ageing temperatures. The application of two Weibull-like models concluded that the formation of crystals was accelerated with higher reprocessing cycles but contrarily retarded with increasing the temperature of ageing. This fact was related to the additive effect of the chain scission processes occurred during reprocessing and those subsequently provoked by hygrothermal ageing.

The effects of hygrothermal ageing were particularly significant for PLA reprocessed more than one time and for increasing temperatures.

**References**


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**Captions to figures**

Fig 1. Water uptake profiles for virgin and reprocessed PLAs at different hygrothermal ageing temperatures.

Fig 2. Evolution of viscous molar mass of saturated samples, in comparison to those of non-degraded samples, for virgin and reprocessed PLAs at all hygrothermal ageing temperatures.

Fig 3. Evolution of mechanical stresses of saturated samples, in comparison to those of non-degraded samples, for virgin and reprocessed PLAs at all hygrothermal ageing temperatures.

Fig 4. Evolution of peak decomposition temperatures of saturated samples, in comparison to those of non-degraded samples, for virgin and reprocessed PLAs at all hygrothermal ageing temperatures.

Fig 5. Reduced water uptake plot of virgin PLA submitted to hygrothermal ageing at 65ºC. Inset: detail of double-logarithmic plot for the kinetic analysis and fitting to Eq. (5).

Fig 6. Evolution of the water diffusion rate for virgin and reprocessed PLAs at all hygrothermal ageing temperatures, obtained after Eq. (7).

Fig 7. Evolution of infrared bands corresponding to the coupling of the C-C backbone stretching with the C-H₃ rocking modes, related to the presence of α-crystalline (921 cm⁻¹) and amorphous (955 cm⁻¹) regions, for the case of virgin PLA at 70 ºC, at all reduced hygrothermal ageing times.

Fig 8. Evolution of the relative intensity indexes of the bands located at 921 cm⁻¹ (crystalline) and 955 cm⁻¹ (amorphous) for virgin and reprocessed PLAs at all hygrothermal ageing temperatures. Symbols: experimental results. Lines: Fitted Weibull fashions- Eq. (9).

Fig 9. DSC traces of the monitoring of the hydrolysis and crystalline formation for virgin and reprocessed PLA and hygrothermal ageing temperatures. Numbers (from 0 to 100 correspond to the respective reduced hygrothermal ageing times).

Fig 10. Evolution of the crystallinity degree for virgin and reprocessed PLAs at all hygrothermal ageing temperatures. Symbols: experimental results. Lines: Fitted Weibull fashions – Eq (11).

**FIGURE 1**
FIGURE 2

![Graph showing performance of reprocessed polylactide under hygrothermal ageing conditions](image)

**FIGURE 3**

![Graph showing the effect of reprocessing cycle on ΔE' (MPa) at different temperatures.](image-url)
FIGURE 4

The figure shows the changes in $T_p$ (°C) for different reprocessing cycles and temperatures. The graph compares non-degraded samples with those reprocessed at 65 °C, 70 °C, and 75 °C. The data indicates a slight increase in $T_p$ for reprocessed samples compared to the non-degraded ones, with the highest increase observed at 75 °C.
FIGURE 5

![Graph showing degradation of different samples over time.](image-url)

**FIGURE 6**

**FIGURE 7**

![Graph showing absorbance vs. wavenumber (cm⁻¹)](image-url)

**FIGURE 9**

**FIGURE 10**

**FIGURE 11**

Virgin polylactide

\[ \downarrow \]

at a given temperature

1st stage of degradation

REPROCESSING \[ \uparrow \]

\[ \downarrow \]

Reprocessed polylactide


Driving forces

Lower water absorption capability \( (M_S \downarrow) \)

Faster formation of crystalline fraction \( (c \uparrow, p \downarrow) \)

\[ \downarrow \]

Diffusion inhibited \( D \downarrow \)

2nd stage of degradation

WATER +

\[ \uparrow \]

TEMPERATURE \[ \uparrow \]

\[ \downarrow \]

Chain scissions (during hygrothermal ageing)

\[ \uparrow \]

\[ \uparrow \]

Diffusion activated \( D \uparrow \)

for a certain material

Lower water absorption capability \( (M_S \downarrow) \)

Slower formation of crystalline fraction \( (c \downarrow, p \uparrow) \) and lower \( X_C \) at saturation
Captions to tables

Table 1. Mass uptake saturation points and relative variations for virgin and reprocessed PLA at all hygrothermal ageing temperatures.

Table 2. Results of the application of Fickian kinetics to the water absorption behaviour of virgin and reprocessed PLA, according to Eq. (5).

Table 3. Results of the fitting of the FT-IR indexes evolution to the Weibull model- Eq. (9).

Table 4. Evolution of the characteristic temperatures obtained by DSC for virgin and reprocessed PLA.

Table 5. Results of the fitting of the crystallinity degree evolution to the Weibull model- Eq. (11).

Table 1

<table>
<thead>
<tr>
<th></th>
<th>(M_s(%))</th>
<th>(T_{HA}(^\circ C))</th>
<th>Relative variations (due to (T_{HA}))</th>
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<tr>
<td></td>
<td></td>
<td>65</td>
<td>70</td>
</tr>
<tr>
<td>VPLA</td>
<td>2.066 ± 0.022</td>
<td>1.619 ± 0.028</td>
<td>0.975 ± 0.026</td>
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<tr>
<td>RPLA-1</td>
<td>1.726 ± 0.023</td>
<td>1.362 ± 0.024</td>
<td>0.858 ± 0.025</td>
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<tr>
<td>RPLA-2</td>
<td>1.496 ± 0.014</td>
<td>1.298 ± 0.017</td>
<td>0.743 ± 0.023</td>
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<tr>
<td>RPLA-3</td>
<td>1.542 ± 0.018</td>
<td>1.220 ± 0.017</td>
<td>0.724 ± 0.017</td>
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Relative variations (due to reprocessing)

<table>
<thead>
<tr>
<th>Relative variations (due to reprocessing)</th>
<th>VPLA to RPLA-1</th>
<th>RPLA-1 to RPLA-2</th>
<th>RPLA-2 to RPLA-3</th>
<th>VPLA to RPLA-2</th>
<th>VPLA to RPLA3</th>
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</thead>
<tbody>
<tr>
<td>VPLA to RPLA-1</td>
<td>-16.5%</td>
<td>-15.9%</td>
<td>-12.0%</td>
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<tr>
<td>RPLA-1 to RPLA-2</td>
<td>-13.3%</td>
<td>-4.7%</td>
<td>-13.4%</td>
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<td>RPLA-2 to RPLA-3</td>
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<td>-6.0%</td>
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<tr>
<td>VPLA to RPLA-2</td>
<td>-27.6%</td>
<td>-19.8%</td>
<td>-23.8%</td>
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<tr>
<td>VPLA to RPLA3</td>
<td>-25.4%</td>
<td>-24.6%</td>
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<tr>
<td></td>
<td>$T_{HA}$(ºC)</td>
<td>65</td>
<td></td>
<td>70</td>
<td></td>
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<tr>
<td>--------</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>$n$</td>
<td>log(k/ min$^{-1}$)</td>
<td>$R^2$</td>
<td>$n$</td>
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<tr>
<td>VPLA</td>
<td>1.021</td>
<td>-4.089</td>
<td>0.998</td>
<td>0.850</td>
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<tr>
<td>RPLA-1</td>
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<td>0.919</td>
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<td>RPLA-2</td>
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<td>RPLA-3</td>
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<td>$T_{ir}$ (ºC)</td>
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<td></td>
<td>65</td>
<td>70</td>
<td>75</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>$c$</td>
<td></td>
<td></td>
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<td>$p$</td>
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<tr>
<td>VPLA</td>
<td>0.458 ± 0.114</td>
<td>0.32 ± 0.04</td>
<td>0.952</td>
<td>0.057 ± 0.003</td>
<td>1.63 ± 0.23</td>
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<tr>
<td>RPLA-1</td>
<td>0.476 ± 0.041</td>
<td>0.30 ± 0.02</td>
<td>0.993</td>
<td>0.067 ± 0.002</td>
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<tr>
<td>RPLA-2</td>
<td>~0.549</td>
<td>~0.28</td>
<td>0.899</td>
<td>0.075 ± 0.003</td>
<td>1.49 ± 0.20</td>
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<tr>
<td>RPLA-3</td>
<td>0.607 ± 0.114</td>
<td>0.23 ± 0.02</td>
<td>0.927</td>
<td>0.082 ± 0.006</td>
<td>1.53 ± 0.31</td>
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### Table 4

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<tr>
<th>VPLA</th>
<th>Tmoref (ºC)</th>
<th>Tmof (ºC)</th>
<th>Tm (ºC)</th>
<th>Tm of (ºC)</th>
<th>( \tau )</th>
<th>HA</th>
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<td>4</td>
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<td>70.64±0.2</td>
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Table 5

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<th>65</th>
<th>70</th>
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<tbody>
<tr>
<td></td>
<td>c</td>
<td>p</td>
<td>$R^2$</td>
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<tr>
<td>VPLA</td>
<td>0.075 ± 0.009</td>
<td>2.47 ± 0.58</td>
<td>0.936</td>
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<tr>
<td>RPLA-1</td>
<td>0.077 ± 0.006</td>
<td>2.34 ± 0.55</td>
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<tr>
<td>RPLA-2</td>
<td>~0.111</td>
<td>~1.322</td>
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<td>RPLA-3</td>
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